


Sal de taffoni

The salt of Cap de Creus



**A unique salt collected in
the reefs of the Mar
d'Amunt**

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WHERE IS IT COLLECTED?

In Alt Empordà (Catalan region), specifically in la “Mar d’Amunt”, that is, all the land in the north of Cap de Creus, from Cadaqués to Cerbère (France), is where takes place the formation of this salt, result of a totally natural process.

Is a precipitous land damaged by a hard meteorology, and that is what produces an exceptional geology.

The metamorphic rocks (seriously affected by the water erosion and the strong winds) become part of the reefs in this area called la “Mar d’Amunt” and, together with climatology, are the basis of the formation of this specific and special salt.

The salt arrives to these rocks directly (waves) or indirectly (marine humidity) and remains deposited in the “taffoni” or holes (also called alveoli) characteristic of these rocks, as you can see in the picture below; the sun and the tramuntana (a typical wind) are responsible for evaporating the water sea from the “taffoni”, giving way to the formation of salt crystals with an appreciated taste.



HOW IS IT COLLECTED?

Once the salt has been formed, its collection takes place, strictly handmade, with the help of a spatula; then it is deposited in a recipient for transport and sun drying.

